## NAVIGATING SOCIAL MEDIA FOR TEENS

Fiona Williston

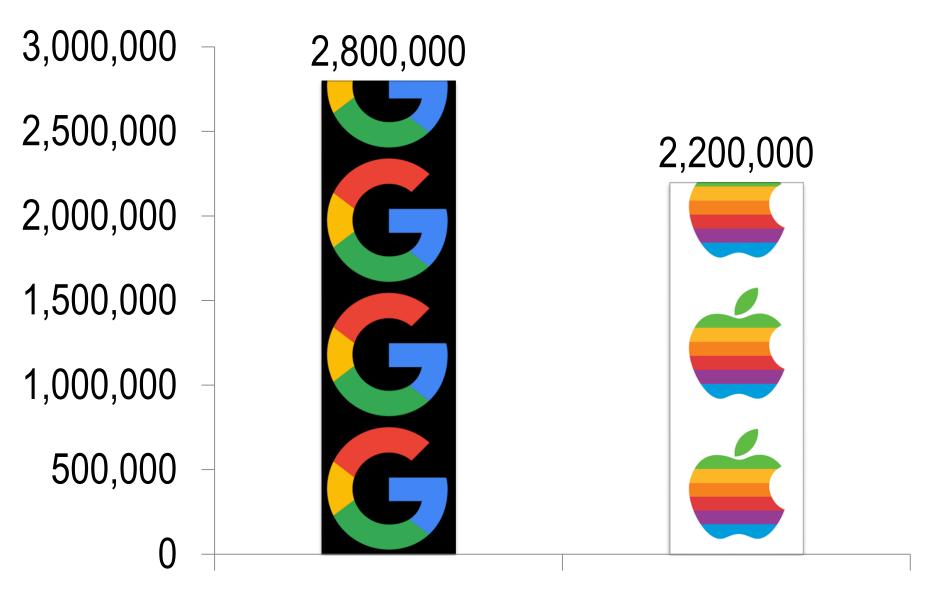
Prevention Program Supervisor

Cumberland Perry Drug and Alcohol Prevention Specialist









Google Play Apple App Store

# 



## twitter





## tbh

## See who likes you



# Social media as a source of good





The World's #1 Personal Fundraising Website

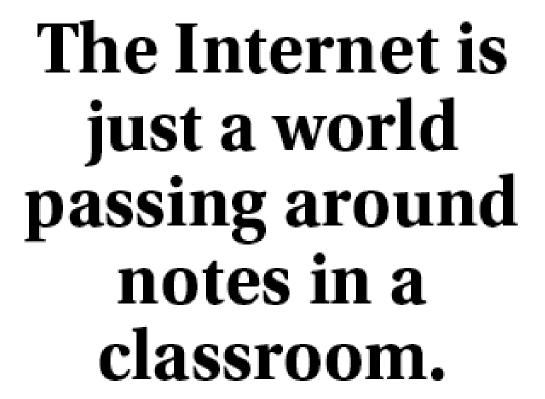


# Social media issues

## "Think of the Internet as a public place. Don't leave your details lying around"

University of Edinburgh, online postgraduate student





JON STEWART

What social media, stays on GOGLE FOREVER





## BEFORE YOU POST... THINK!



T - is it true?

H - is it hurtful?

- is it illegal?

N - is it necessary?

K - is it kind?





### WHAT TO DO IF YOU'RE THE CYBERBULLIED

- Don't respond or forward messages
- Keep evidence: dates, times, description, screenshots
- Block the cyberbully
- Tell your parents/guardians
- Report cyberbully to school
- Report cyberbully to service provider
- Report cyberbully to police

## ACT 26 OF 2015 CYBER HARASSMENT OF A CHILD

- Statement of opinion about physical characteristics, sexuality, sexual activity, mental or physical health
- Third degree misdemeanor
- Referred to diversionary program



## CYBER TIP LINE NATIONAL CENTER FOR MISSING AND EXPLOITED CHILDREN

1-800-THE-LOST (1-800-843-5678)

Or online:

www.report.cybertip.org



### DIGITAL DRAMA

# Selfies & Sexting

impactprogram.ca

#### PA TEEN SEXTING LAW

#### **Summary Offense**

For teens ages 11-17 to send a nude photo of themselves to someone else. The receiver can also be charged.

#### Third Degree Misdemeanor

- > Knowingly share, distribute or publish electronic communication
- Have possession of or view a sexually explicit image of a minor who is 12 or older

### Second Degree Misdemeanor

If minor defendant intends to intimidate, harass or coerce a minor.

### OTHER LEGAL ISSUES

- Everything you post online, including email, can be used against you in court.
- Examples of free speech that are not protected by the 1<sup>st</sup> amendment are defamation, slander and libel ie cyberbullying





### HOW SOCIAL MEDIA CAN HELP YOUR COLLEGE APPLICATION (HUFFINGTON POST, 2013)

- Follow the schools you are interested in on social media sites. This shows your interest.
- Post photos from community service projects, share articles about news stories you are following, engage with people and organizations that interest you
- If you blog, use your profiles to promote your site.
- Use Twitter to show how creative you can be in 140 characters
- Use Instagram to highlight photography or design skills



### SIGNS THAT YOUR ONLINE GAMING MIGHT BE A PROBLEM

- Playing for increasing amounts of time.
- Lying to family & friends about video game usage.
- Using video games to escape from real-life problems or bad feelings, as well as anxiety or depression.
- Becoming restless or irritable when attempting to stop playing video games.
- Skipping homework in order to play video games.
- Doing poorly on a school assignment or test because of time spent playing video games.

Reference :Search Institute

### SOCIAL MEDIA OVERVIEW

- Be safe
- Be smart
- Be private
- Limit screen time
- Be positive or silent
- Add value to others

### CONTACT INFORMATION

Fiona Williston
 Cumberland Perry Drug and Alcohol
 Prevention Program Supervisor

fwilliston@ccpa.net

717-240-6300