

Cumberland Valley High School Girls Basketball Program Philosophy

COMMITTED TO THE PROGRAM

You are a part of something that is much bigger than just yourself. You are representing both the high school and the girls' basketball program in the community at large. You have a responsibility to maintain and enhance the reputation of the girls' basketball program.

COMMITTED TO YOUR ACADEMICS

Take advantage of your educational opportunity. Don't just do enough to get by, do as well as you can. Don't be satisfied with just graduating, but graduate with honors. Value learning and make a commitment to being a lifelong learner.

COMMITTED TO CHARACTER DEVELOPMENT

Participation in athletics provides you with the opportunity for character development. The character traits that are developed through athletics, such as: cooperation, discipline, sportsmanship, hard work, responsibility, leadership, etc. prepare you for the "game of life."

COMMITTED TO THE TEAM CONCEPT

Our program is built on the concept that the team is bigger than any one player. Teamwork demands a voluntary sacrifice on your part. Teamwork means understanding that your individual goals are secondary to team success. Teamwork is being committed to each other's success.

COMMITTED TO A WINNING ATTITUDE

We are committed to winning, but we understand that we don't measure our success by winning alone. Each time we play, we evaluate ourselves on reaching our potential. We never quit because we are always looking for a way to win.

COMMITTED TO HARD WORK

Give 100% every day. Hard work really does pay off. You don't have to be perfect; you just have to keep trying to be the best you can be. When we win, we deserve to, because we have outworked our opponent both in practice and in the game.

COMMITTED TO YOUR COACHES

Commit yourself to our philosophy and our system of play. Your coaches are committed to helping you become better people and better players. The coaches are doing what they think is right for you and the team.