



## HIGH SCHOOL CARB COUNT

**BREAKFAST – 1.85    ADULT - \$2.30**  
**LUNCH - \$3.00        ADULT - \$4.00**  
**2<sup>nd</sup> MEAL - \$3.25     MILK - \$.60**

| Potatoes:                      | Other items                     | Bread – Rolls                          |
|--------------------------------|---------------------------------|--|
| Crinkle Fries – 20g            | Santiago Refried Beans – 25g    | White Sandwich Bread (2) – 28g         |
| Colossal Crisp fries – 26.9g   | Brown Rice 35g                  | Whole Wheat Bread – 17g                |
| Idahoan Instant Potatoes – 17g | Mimh Egg Roll Vegetable – 24g   | Whole Wheat Cluster Dinner Roll – 14g  |
| McCain Crispy Fries – 25g      | Minh Fried Rice Vegetable – 54g | Multi –Grain Dinner Roll – 17g         |
| McCain emoticon – 23g          | Alfredo Sauce – 6g              | Whole Wheat Hamburger Roll – 22g       |
| McCain Spirals – 21g           | Hot Dog – 1g                    | Whole Wheat Large Hamburger Roll – 25g |
| WG Onion Rings – 28g           | Rib B Q sliders – 43g           | Whole Wheat 5”Steak Roll – 29g         |
| Oreida Fries – 20g             | Pizza Crunchers – 41g           | Whole Wheat Medium Kaiser Roll – 30g   |
| Oreida Hash Patty – 15g        | Cheese Stuff Shells – 25g       | Whole Wheat 6” Steak Roll – 37g        |
| Oreida Tater Tots – 19g        | Tasty Brand WG lasagna – 29g    | Wheat Jumbo Hot Dog Roll – 25g         |
| Oreida Waffle Fry – 21g        | Chicken N Waffle Bites – 10g    | Whole Wheat Hot Dog Roll – 22g         |
| Twister Fries – 23.81          | Turkey Pepperoni – 2g           | Soft Stuffing Cubes (2 ¼ cup) – 53g    |
| Swt Tater Gems – 17g           |                                 |  |

|                            | January 27  | January 28  | January 29  | January 30  | January 31  |
|----------------------------|---|---|---|---|---|
| <b>Pizza Line</b>          | Wedge or Stuff Crust Pizza<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g<br>The Max Stuffed Crust Pizza – 38g   | Wedge or Stuff Crust Pizza<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g<br>The Max Stuffed Crust Pizza – 38g   | Wedge or Stuff Crust Pizza<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g<br>The Max Stuffed Crust Pizza – 38g   | Wedge or Stuff Crust Pizza<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g<br>The Max Stuffed Crust Pizza – 38g   | Wedge or Stuffed Crust Pizza<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g<br>The Max Stuffed Crust Pizza – 38g   |
| <b>World Café Line</b>     | Asian Week<br>General Tso – 24g<br>Tangerine Chicken – 25g<br>Teriyaki Chicken – 14g  | Asian Week<br>General Tso – 24g<br>Tangerine Chicken – 25g<br>Teriyaki Chicken – 14g  | Asian Week<br>General Tso – 24g<br>Tangerine Chicken – 25g<br>Teriyaki Chicken – 14g  | Asian Week<br>General Tso – 24g<br>Tangerine Chicken – 25g<br>Teriyaki Chicken – 14g  | Asian Week<br>General Tso – 24g<br>Tangerine Chicken – 25g<br>Teriyaki Chicken – 14g  |
| <b>Entrée Line</b>         | Buffalo Chicken<br>Cheese Sticks – 21g  | Chicken Quesadilla<br>The Max Chicken Quesadilla – 37g  | Pizza Crunchers<br>Farm Rich Pizza<br>Crunchers – 41g   | Beef Rib B Que Sliders<br>43g   | Stromboli<br>WG Pizza Dough – 41g<br>Turkey Ham – 0g<br>Pepperoni – 1g<br>Cheese – 1g<br>Pizza Sauce – 6g   |
| <b>Deli Line</b>           | Sub, Sandwich, Wrap or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 “ Wraps 45 – 52g | Sub, Sandwich, Wrap or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 “ Wraps 45 – 52g | Sub, Sandwich, Wrap or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 “ Wraps 45 – 52g | Sub, Sandwich, Wrap or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 “ Wraps 45 – 52g | Sub, Sandwich, Wrap or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 “ Wraps 45 – 52g |
| <b>Sandwich of the Day</b> | Cheeseburger<br>3oz. burger – 0g<br>Am. Cheese – 1g<br>Hamburger roll – 22g   | Chicken Patty<br>Chicken patty – 16g<br>Am. Cheese – 1g<br>Hamburger roll 22g   | Bacon Cheeseburger<br>Bacon – 1 g<br>3oz. burger – 0g<br>Am. Cheese – 1g<br>Hamburger roll – 22g  | Spicy Chicken Patty<br>Chicken patty – 16g<br>Am. Cheese – 1g<br>Hamburger roll 22g   | Fish Sandwich<br>High Liner Fish – 17g<br>American Cheese – 1g<br>Hamburger Roll – 22g  |
| <b>Vegetable</b>           | Oven Fries<br>Oreida Evercrisp – 22g  | Steamed Broccoli – 3g   | Baked Beans<br>Dawn glow – 21g  | Green Beans – 6g  | Steamed Carrots – 6g  |

Sandwich Line also has PBJ (69g) and a Vegetarian Option each day

|                        | February 3   | February 4  | February 5   | February 6   | February 7  |
|------------------------|--|---|--|--|---|
| <b>Pizza Line</b>      | Wedge or Mexican Pizza<br>Tony’s fiestada – 43g<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g  | Wedge or Mexican Pizza<br>Tony’s fiestada – 43g<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g | Wedge or Mexican Pizza<br>Tony’s fiestada – 43g<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g              | Wedge or Mexican Pizza<br>Tony’s fiestada – 43g<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g  | Wedge or Mexican Pizza<br>Tony’s fiestada – 43g<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g |
| <b>World Café Line</b> | Breakfast 4 Lunch<br>French Toast Sticks w/<br>Sausage & Hash<br>Browns<br>French toast Sticks – 24g | Breakfast 4 Lunch<br>Chicken N Waffles – 10g  | Breakfast 4 Lunch<br>Egg Sandwich Bar w/<br>Ham, Bacon or Sausage<br>Egg (3g)<br>Sausage (0g)<br>Turkey Ham – 1g | Breakfast 4 Lunch<br>French Toast Sticks w/<br>Sausage & Hash<br>Browns<br>French toast Sticks – 24g | Breakfast 4 Lunch<br>Funnel Sticks w/<br>Yogurt<br>Funnel Sticks – 24g<br>Yogurt<br>Yoplait Yogurt  |

|                                |  |  |  |  |   |
|--------------------------------|--|--|--|--|---|
|                                | Syrup – 43g<br>Hash Browns – 15g   |  | Bacon ( 1g)<br>American Cheese (2g)<br>Baker's craft English<br>Muffin (21g)   | Syrup – 43g<br>Hash Browns – 15g   | Rasp./Straw. – 15 g<br>Blended – 17   |
| <b>Entrée Line</b>             | Chicken Tenders<br>Tyson – 16g   | Texas Toast<br>Bakers Craft – 14g<br>American Cheese - 2g  | All Beef Hot Dog<br>Kunzler Hot Dog – 1g   | Pierogis – 24g   | Lasagna (26g)<br>Tasty Brand WG<br>lasagna – 29g  |
| <b>Deli Line</b>               | Sub, Sandwich, Wrap<br>or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52g | Sub, Sandwich, Wrap<br>or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52g | Sub, Sandwich, Wrap or<br>Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52g | Sub, Sandwich, Wrap<br>or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52g | Sub, Sandwich, Wrap<br>or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52gr |
| <b>Sandwich<br/>of the Day</b> | Cheeseburger<br>3oz. burger – 0g<br>Am. Cheese – 1g<br>Hamburger roll – 22g  | Chicken Patty<br>Chicken patty – 16g<br>Am. Cheese – 1g<br>Hamburger roll 22g  | Bacon Cheeseburger<br>Bacon – 1 g<br>3oz. burger – 0g<br>Am. Cheese – 1g<br>Hamburger roll – 22g   | Spicy Chicken Patty<br>Chicken patty – 16g<br>Am. Cheese – 1g<br>Hamburger roll 22g  | Fish Sandwich<br>High Liner Fish – 17g<br>American Cheese – 1g<br>Hamburger Roll – 22g  |
| <b>Vegetable</b>               | Mashed Potatoes w/<br>Gravy<br>Idahoan Mashed<br>Potatoes – 17g<br>Chicken Gravy – 7g  | Tomato Soup<br>Campbell's Tomato<br>Soup – 20g   | Baked Beans<br>Dawn Glow – 21g   | Steamed Corn – 17 g  | Steamed Peas – 12g  |

Sandwich Line also has PBJ (69g) and a Vegetarian Option each day

|                                | <b>February 10</b>   | <b>February 11</b>   | <b>February 12</b>   | <b>February 13</b>   | <b>February 14</b>   |
|--------------------------------|--|--|--|--|--|
| <b>Pizza Line</b>              | Wedge or<br>French Bread Pizza<br>Tony's French Bread<br>Pizza – F- 30g US – 33g<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g   | Wedge or<br>French Bread Pizza<br>Tony's French Bread<br>Pizza – F- 30g US – 33g<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g   | Wedge or<br>French Bread Pizza<br>Tony's French Bread<br>Pizza – F- 30g US – 33g<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g   | Wedge or<br>French Bread Pizza<br>Tony's French Bread<br>Pizza – F- 30g US – 33g<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g   | Wedge or<br>French Bread Pizza<br>Tony's French Bread<br>Pizza – F- 30g US – 33g<br>Big Daddy Pizza<br>Original – 42g<br>Primo – 35g   |
| <b>World Café<br/>Line</b>     | Pasta Week<br>Meat sauce<br>Dakota Growers WG<br>Pasta (Macaroni,<br>Penne, Rotini,<br>Spaghetti) – 40g<br>Beef Crumbles – 1g<br>Marinara Sauce – 12g  | Pasta Week<br>Dakota Growers WG<br>Pasta (Macaroni,<br>Penne, Rotini,<br>Spaghetti) – 40g<br>Meatballs<br>Advance Meatballs –<br>4g<br>Marinara Sauce – 12g  | Pasta Week<br>Dakota Growers WG<br>Pasta (Macaroni,<br>Penne, Rotini,<br>Spaghetti) – 40g<br>Chicken -1g   | Pasta Week<br>Choice of Sauce<br>Dakota Growers WG<br>Pasta (Macaroni,<br>Penne, Rotini,<br>Spaghetti) – 40g<br>Marinara/ Tomato<br>Sauce – 12g<br>Alfredo Sauce – 6g  | Pasta Week<br>Dakota Growers WG<br>Pasta (Macaroni,<br>Penne, Rotini,<br>Spaghetti) – 40g<br>Chicken -1g   |
| <b>Entrée Line</b>             | Chicken Nuggets<br>Tyson Nuggets – 13g   | Chicken Quesadilla<br>The Max Chicken<br>Quesadilla – 37g  | Pizza Crunchers<br>Farm Rich Pizza<br>Crunchers – 41g  | Taco Bar<br>Beef Crumbles – 1g<br>Shredded Cheese – 1g<br>Hard Taco Shells – 20g<br>Soft Taco Shells- 12g  | Stromboli<br>WG Pizza Dough – 41g<br>Turkey Ham – 0g<br>Pepperoni – 1g<br>Cheese – 1g<br>Pizza Sauce – 6g  |
| <b>Deli Line</b>               | Sub, Sandwich,<br>Wrap or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52g | Sub, Sandwich, Wrap<br>or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52g | Sub, Sandwich,<br>Wrap or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52g | Sub, Sandwich,<br>Wrap or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52g | Sub, Sandwich,<br>Wrap or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52g |
| <b>Sandwich<br/>of the Day</b> | Cheeseburger<br>3oz. burger – 0g<br>Am. Cheese – 1g<br>Hamburger roll – 22g  | Chicken Patty<br>Chicken patty – 16g<br>Am. Cheese – 1g<br>Hamburger roll 22g  | Bacon Cheeseburger<br>Bacon – 1 g<br>3oz. burger – 0g<br>Am. Cheese – 1g<br>Hamburger roll – 22g   | Spicy Chicken Patty<br>Chicken patty – 16g<br>Am. Cheese – 1g<br>Hamburger roll 22g  | Fish Sandwich<br>High Liner Fish – 17g<br>American Cheese – 1g<br>Hamburger Roll – 22g   |
| <b>Vegetable</b>               | Oven Fries<br>Oreida Evercrisp – 22g   | Steamed Broccoli – 3g  | Baked Beans<br>Dawn glow – 21g   | Steamed Carrots -6g  | Steamed Green Beans<br>6g  |

Sandwich Line also has PBJ (69g) and a Vegetarian Option each day

|                            | February 17   | February 18   | February 19   | February 20   | February 21   |
|----------------------------|---|---|---|---|---|
| <b>Pizza Line</b>          | Wedge or Personal Pizza<br>Tony's 5" deep dish pizza – F – 31g US -39g<br>Big Daddy Pizza Original – 42g<br>Primo – 35g   | Wedge or Personal Pizza<br>Tony's 5" deep dish pizza – F – 31g US -39g<br>Big Daddy Pizza Original – 42g<br>Primo – 35g   | Wedge or Personal Pizza<br>Tony's 5" deep dish pizza – F – 31g US -39g<br>Big Daddy Pizza Original – 42g<br>Primo – 35g   | Wedge or Personal Pizza<br>Tony's 5" deep dish pizza – F – 31g US -39g<br>Big Daddy Pizza Original – 42g<br>Primo – 35g   | Wedge or Personal Pizza<br>Tony's 5" deep dish pizza – F – 31g US -39g<br>Big Daddy Pizza Original – 42g<br>Primo – 35g   |
| <b>World Café Line</b>     | American Week<br>Popcorn Chicken Tyson – 14g  | American Week<br>Cheese Stuffed Bread Sticks<br>Beacon Street – 28g   | American Week<br>Oven Roasted Chicken - 0 g   | American Week<br>Meatball Sub<br>Advance Meatballs – 4g<br>Marinara Sauce – 12g<br>Sub Roll – 29g   | American Week<br>Buffalo Wing Bar<br>Tyson – Wing Stinger – 11g<br>Tyson Honey BBQ – 4g<br>Tyson – Honey Sriracha – 14g<br>Wing Zing – 5g   |
| <b>Entrée Line</b>         | Popcorn Chicken Tyson – 14g   | Cheese Stuffed Bread Sticks<br>Beacon Street – 28g  | American Week<br>Oven Roasted Chicken - 0 g   | Hot Ham & Cheese Sand<br>Turkey Ham – 0g<br>American Cheese – 2g<br>Hamburger Roll – 22g  | Spaghetti & Meatballs<br>Dakota Growers WG<br>Spaghetti – 40g<br>Advance Meatballs – 4g<br>Marinara Sauce – 12g   |
| <b>Line 2</b>              | Chicken Cheddar Cheese Sub<br>Diced Chicken – 1g<br>Cheddar Cheese – 1g<br>Sub Roll – 29g   | Loaded Nachos Bar<br>Beef Crumbles – 1g<br>Lucky Leaf Cheese Sauce – 5g<br>Tostitos chips – 20g   | Philly Cheese Steak<br>Quaker Maid Chop Steak – 0g<br>Lucky Leaf Cheese Sauce – 5g<br>Sub Roll - 29g  | Pork BBQ<br>Gov't Pork – 1g<br>Bar B Que Sauce –<br>Hamburger Roll – 22g  | Spaghetti & Meatballs<br>Dakota Growers WG<br>Spaghetti – 40g<br>Advance Meatballs – 4g<br>Marinara Sauce – 12g   |
| <b>Deli Line</b>           | Sub, Sandwich, Wrap or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52g | Sub, Sandwich, Wrap or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52g | Sub, Sandwich, Wrap or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52g | Sub, Sandwich, Wrap or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52g | Sub, Sandwich, Wrap or Salad<br>Bologna – 8g<br>Turkey ham – 0g<br>Ham – 1 g<br>Hatfield salami – 3 g<br>Magnifico Salami – 0g<br>Jennio Turkey – 1 g<br>Cheese, American – 1g<br>Cheese, Cheddar – 1g<br>Cheese, Provolone – 1<br>Cheese, Swiss – 1g<br>Steak Roll – 29 g<br>12 " Wraps 45 – 52g |
| <b>Sandwich of the Day</b> | Cheeseburger<br>3oz. burger – 0g<br>Am. Cheese – 1g<br>Hamburger roll – 22g   | Chicken Patty<br>Chicken patty – 16g<br>Am. Cheese – 1g<br>Hamburger roll 22g   | Bacon Cheeseburger<br>Bacon – 1 g<br>3oz. burger – 0g<br>Am. Cheese – 1g<br>Hamburger roll – 22g  | Spicy Chicken Patty<br>Chicken patty – 16g<br>Am. Cheese – 1g<br>Hamburger roll 22g   | Fish Sandwich<br>High Liner Fish – 17g<br>American Cheese – 1g<br>Hamburger Roll – 22g  |
| <b>Vegetable</b>           | Mashed Potatoes w/ Gravy<br>Idahoan Mashed Potatoes – 17g<br>Chicken Gravy – 7g   | Steamed Peas – 12g  | Steamed Corn – 17 g   | Hash Brown Potato – 15g   | Baked Beans<br>Dawn Glow – 21g  |

Sandwich Line also has PBJ (69g) and a Vegetarian Option each day

Each Meal comes with: Choice of Milk

Each Meal must have a least 1 fruit or vegetable to be a complete meal

Choice of 2 Vegetables (Steamed, Baked, Fresh Salad or Fresh Veggie Pack)

Choice of 2 fruits (fresh, canned or juice)