

Cumberland Valley Track and Field Camp – 2018

Hurdles, Jumps, and Throws

Who: Athletes entering grades 7, 8, or 9
When: Monday, June 18 – Friday, June 22 (9 AM – 12 noon)
Where: Cumberland Valley High School Track
Cost: \$90 – Postmarked by June 11, 2018

Interested in learning how to hurdle, throw the discus, or long jump? CV Track and Field Camp is your opportunity to learn and try new and different skill events or hone skills you may have developed in middle school track and field. The focus this week will be on hurdle, jump, and throw techniques. Jumping events will include long jump, high jump, and triple jump. Throws will include shot put, discus, and javelin. You do not need any prior experience to attend track and field camp!

Questions? Contact Coach Sharon Smith at ssmith@cvschools.org.

Please fill out the attached form and mail it, along with payment, to:

CV Track and Field Booster Club
c/o Sharon Smith
6313 Auburn Drive
Mechanicsburg, PA 17050

Checks should be made payable to: CV Track and Field Booster Club

See next page for application.

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ALL APPLICATIONS AND FEES POSTMARKED BY: JUNE 11, 2018

Please make checks payable to: **CV Track and Field Booster Club**

Name: _____ Entering grade: _____

Street: _____

City: _____ State: _____ ZIP: _____

Interested in: Hurdles _____ Jumps _____ Throws _____ Any/All _____

Parent Consent and Emergency Contact Information

I give consent for my son/daughter _____, to participate in all activities at the Cumberland Valley Track and Field Camp. I agree that the Cumberland Valley School District, members of the School Board, members of the Cumberland Valley Booster Club, and the coaching staff will in no way be responsible for any injuries suffered by my son/daughter while engaged in the program activities. I hereby release the aforesaid from any and all liability for such injuries.

Parent/Guardian signature _____ Date _____

Printed name of parent/guardian _____

Parent/guardian phone number(s) _____

(Include #s for 9AM – 12 noon) _____

Parent email (receipt of application will be confirmed) _____

In case of an emergency, and in the event that we cannot reach a parent/guardian via the numbers listed above, please list the name, relationship, and phone number of a person to contact.

Emergency contact's name _____

Relationship to athlete _____

Emergency contact's phone number(s) _____

If there are any allergies or medical conditions that we need to be aware of, please attach a separate note giving specific instructions for treatment.