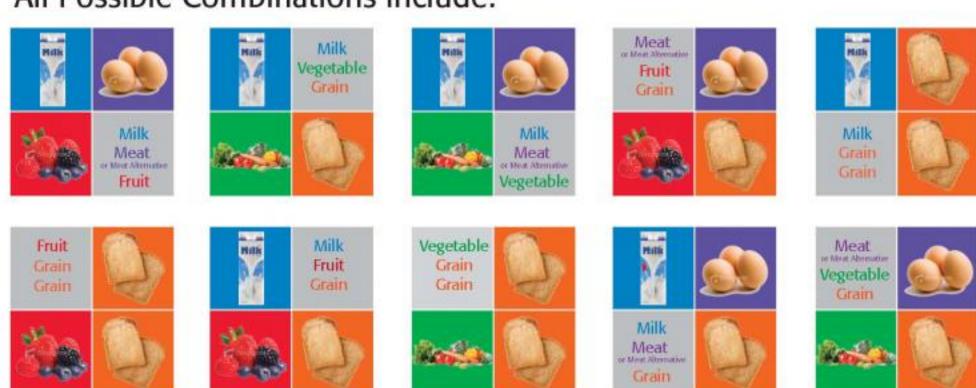


To be considered a Reimbursable Breakfast, it has to contain at least 3 out of the 4 components:

All Possible Combinations include:



Examples of healthy food items from each category:



Low fat White

Apple Banana Orange Strawberry Blueberry Pineapple Mango

Potato Tomato Bell Pepper Onion Mushroom Spinach Zucchini Carrots

Lean Meat
Poultry
Fish
Cheese
Eggs
Peanut Butter
Nut Butter
Seed Butter
Dry Beans
Yogurt
Peas
Nuts
Seeds
Tofu



