CV BASEBALL 2016

**Player Evaluations**

**Evaluation Days:** Varsity – March 7th to March 8th

JV – March 7th to March 9th

**Items needed:** **COMPLETED PHYSICAL FORM**

**DRUG TESTING FORM**

Hat, Glove, Sneakers, Cleats, and Warm clothes to go outside.

**Player Evaluations:** You will be evaluated in the following areas. (Weather Permitting)

**Hitting:** Approach, Contact, Power, Bunt

**Running:** 30/60 yards, Pro Agility

**Fielding/Throwing:** Grounders (Technique), Fly Balls (Technique), Arm Strength and Accuracy

**Pitchers:** Control Fastball, Location, Velocity, Mechanics and Other Pitches

**Catchers:** Stance, Framing, Blocking and Throwing Time to 2B

**Situational Awareness:** Given a situation, what should you do. A quiz.

**Intangibles:** Coachability, Hustle, **Grades\***, **Behavior in School\***, and Positions you can play.

**\*No matter how good a player you are, if you are ineligible or have caused major problems in school, you will not be a part of the team.**

**Team Selections**

**Varsity**: Final Selections are Tuesday, March 8th

Varsity Team selections will be made face to face in the coaches’ office.

**Junior Varsity**: Final Selections Wednesday, March 9th

JV Team selections will be made face to face in the coaches’ office.

**Team Meeting:**  March 10th @ 3:15

**Varsity:** We will be selecting the best 15–22 players who try out.

**Junior Varsity:** We will be selecting between 18-22 freshmen, sophomores and juniors.

# CV BASEBALL 2016

# EVALUATION SCHEDULE

## MONDAY, MARCH 7TH

**HITTING/PITCHING AND CATCHING EVALUATION (Auxiliary Gym)**

***ALL CATCHERS SHOULD REPORT AT 3:10***

3:10 FRESHMEN – Meet in Lobby by Training Room

4:00 SOPHMORES – Meet in Lobby by Training Room

4:30 SENIORS and JUNIORS – Meet in Lobby by Training Room

***While waiting to enter the gym, prospects will take the Tryout Quiz in the Health Room***

### TUESDAY, MARCH 8TH

## FIELDING/THROWING/RUNNING EVALUATION (Auxiliary Gym/Field)

**Outdoor**

**Schedule**

### 3:20 SOPHOMORES AND FRESHMEN – Meet in 3rd Base Dugout

3:20 SENIORS and JUNIORS – Meet in 1st Base Dugout

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**AND/OR**

3:10 FRESHMEN – Meet in Lobby by Training Room

**Indoor**

**Schedule**

4:00 SOPHOMORES – Meet in Lobby by Training Room

4:30 SENIORS and JUNIORS – Meet in Lobby by Training Room

### WEDNESDAY, MARCH 9th

## PLAYER EVALUATION (Auxiliary Gym/Field)

**Outdoor**

**Schedule**

### 3:15 SOPHOMORES AND FRESHMEN – Meet in 3rd Base Dugout

4:15 VARSITY MEETING—PRACTICE

**AND/OR**

3:10 FRESHMEN – Meet in Lobby by Training Room

**Indoor**

**Schedule**

4:00 SOPHMORES – Meet in Lobby by Training Room

4:30 VARSITY MEETING—PRACTICE

### THURSDAY, MARCH 10th

3:20 TEAM MEETING, PRACTICE, UNIFORMS

**PLAYERS ARE ENCOURAGED TO ATTEND Mini-THON. YOU ARE NOT PERMITTED TO PARTICIPATE IN THE DODGEBALL TOURNAMENT.**

THESE SCHEDULES ARE SUBJECT TO CHANGE, PLEASE LISTEN TO ANNOUNCEMENTS FOR ANY CHANGES AND CHECK FOR E-MAILS THROUGH HUDL AND FOLLOW US @CVEagleBaseball. LIKE US ON FACEBOOK.